

@-Bulletin











MHE Conference 2010

For more information, please look at the web site www.eufami.org or contact EUFAMI at info@eufami.org

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Reducing Health Inequalities from a regional perspective - what works, what does not?

The Flemish Agency for Care and Health is organising under the framework of the Belgian Presidency the Regions for Health Network Conference that will be held on the 8th-9th November in Genk (Belgium). The conference wants to examine how regional policy can efficiently eliminate disparities in health by addressing the social determinants of health. Central to this are the following questions: Which measures work? Which initiatives do not produce any results (and why)? And how can research outcomes be translated into policy and practice?

Abstracts submitted for a presentation must describe good practices, initiatives or projects at local and/or regional level tackling health inequalities in the context of social determinants of health, under the motto "From theory to practice". Abstracts must be sent by e-mail to internationaal.azg@wvg.vlaanderen.be

Third Geneva Conference on Person centred medicine

This conference took place from the 3rd to 5th May and EUFAMI was represented by its President, Sigrid Steffen. At the previous conference in 2009, Sigrid already had presented EUFAMI's position and initiatives on the topic of person-centred medicine. This was a landmark in the process of building an initiative on Medicine for the Person through the collaboration of global medical and health



organisations and a growing group of committed international experts, including EUFAMI. It was organised by the International Network for Person-centred Medicine (INPCM). The organising committee included Juan Mezzich, INPCM President and the WPA, Michel Botbol, French WPA and Wim van Lerberghe, WHO Health Systems Director. A clear recommendation from the opening session was the need to develop procedures for appraising the extent to which person and person-centred care takes place. Other sessions included symposia on ethics and the person-centred approach, basic communications and central clinical care activities from a person-centred perspective. Sigrid Steffen co-chaired a session on life cycle and person-centred care. Next steps for consideration as a follow on from the conference include broadening the engagement of health organisations and experts and further development of the INPCM.

After Her Brain Broke – a new publication

After Her Brain Broke is a harrowing, heart wrenching, and ultimately triumphant story of one family's struggle with a child's mental illness. It's impossible not to be moved by the author's, Susan Inman, honest and touching account of her daughter's sudden descent into mental health turmoil and the family's long hard battle to overcome it. A must read for families coping with a mental illness, and a wonderful eye-opener for those who are lucky enough not to have been affected by mental illness. The book is available at Chapters/Indigo, Amazon.com, Amazon.ca and Barnes and Noble. The author Susan Inman recently paid a courtesy visit to the EUFAMI office in Leuven and discussed differences between mental health services in Canada, where the author lives, and Europe.

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Mental Health Europe's 2010 conference on poverty and mental health problems will be held at Hotel Thon in Brussels on 22nd and 23rd October 2010. Full details and registration form can be obtained at <u>www.mhe-sme.org</u>.

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> European Federation of Associations of Families of People with Mental Illness Europese Federatie van Verenigingen van Familieden van Psychisch Zieken Féderation européenne des Associations de Familles de Malades Psychiques Europäische Föderation von Organisationen der Angehörigen psychische Kranker